



THERAPEUTIC SHOES BREAK IN INSTRUCTIONS

Your provider warrants the Therapeutic Shoes and Custom and or Prefabricated Insoles for fit for 5 days.

Therapeutic Shoes and Custom or Prefabricated Insoles must be broken in slowly over a 5 day period in a clean indoor environment. Please do not wear the shoes outside during this break in period.

You should wear the shoes and insoles for 1 hour the first day. Increase the wearing time by 1 hour each day. By the 5th day you should be wearing the shoes and insoles for 5 hours. Never wear the shoes without the custom or prefabricated insoles and always wear socks or appropriate foot garments.

You should inspect your feet after each break in period. If you see any red areas or if the shoes and/or insoles cause any pain or discomfort contact your provider immediately and stop wearing the shoes and insoles.

DATES TO CHANGE THERAPEUTIC INSOLES

You should change your Therapeutic Insoles every 4 months. At the end of the 4 month period remove and discard the Custom or Prefabricated Insoles from the shoes and insert a new pair.

The dates to change your insoles are (please mark on your calendar the following dates)

Change 2nd pair

Change 3rd pair

If you have received a Custom Accommodative modification such as a Toe Filler, Metatarsal Pad or other addition with your Insole, do not change this insole until the next time you receive shoes. If your insole wears out before it is time for new shoes, notify your physician. A replacement Insole may be prescribed.

If you have any questions or concerns regarding your Therapeutic Shoes or Insoles don't hesitate to contact your supplier:

Supplier Name _____ Contact Person _____

Address _____ Phone _____